

Welcome to Beauty through Science

Akademikliniken's fifth International Aesthetic Symposium
Grand Hôtel, Stockholm. June 11-13, 2009.



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Meeting director
Hedén, Per

Faculty

Adams, William
Blondeel, Phillip
Botti, Giovanni
Coleman, Sydney
Delmar Henry
Del Yerro, José Luís Martín
Frohm Nilsson, Margareta
Grenfell, Holly
Hammond, Dennis
Hamra, Sam
Hedén, Per
Jernbeck, Jan
Lewis, Wendy
Mackowski, Marian
Mallucci, Patrick
Maxwell, Patrick
Mulholland, Stephen
Peretz, Gil
Samuelson, Ulf
Scheffan, Michael
Stan, Constantin
Teitelbaum, Steven
Tonnard, Patric
Von Finckenstein, Joachim

USA
Belgium
Italy
USA
France
Spain
Sweden
Sweden
USA
USA
Sweden
Sweden
England
Germany
England
USA
Canada
Israel
Sweden
Israel
Romania
USA
Belgium
Germany

Venue and dates

The Akademikliniken's international aesthetic symposium 2009 will be held at the Grand Hôtel, Stockholm, June 11 to June 13.

Important Addresses

All matters regarding registration, hotel booking, social events and general information are managed by Congrex Sweden AB. Please contact the Scientific Secretariat for questions regarding the scientific programme.

Administrative secretariat

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Web Site

For the latest information about the symposium, please visit the symposium web site at: www.ak.se/bts

Schedule Beauty through Science

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Thursday June 11th

07.00 – 08.00

Registration

08.00 – 08.10

Opening and Welcome
Per Hedén

Aesthetic Breast Surgery

Session 1: Form stable implant

Chairman: Patrick Maxwell

08.10 – 08.25

Precision planning in breast augmentation – the present and the future
Patrick Maxwell

08.25 – 08.40

The Body Logic system for breast augmentation
Dennis Hammond

08.40 – 08.55

“The Natrelle Implant Selector” - Choosing between different anatomical high-cohesive gel implants – do the results differ?
Steven Teitelbaum

08.55 – 09.10

When and how to select round form stable implants – Planning and advantages
Patrick Mallucci

09.10 – 09.25

Tissue based implant selection and surgical technique to achieve a 24 hrs recovery – DVD demonstration
William Adams

09.25 – 09.40

Discussion

09.40 – 10.30

Extended Coffee Break and Web based seminar video session

10.00 – 10.15

The bio dimensional planning system in multiplane breast augmentation.
Constantin Stan

10:15 – 10.30

What do we know and what do we believe about fat graft survival. The scientific status.
Maurizio Nava

Session 2: Implant technology, Complications and management of problem cases

Chairman: Michael Schefflan

10.30 – 10.45

Present and future implant technology. Surface: smooth and texturised – a comparison.
Michael Schefflan

10.45 – 11.00

Complications in breast augmentation surgery, and the place of acellular dermal grafts
Patrick Maxwell

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11.00 – 11.15	The tuberous breast. Implant selection and alternative surgical techniques <i>José Luis Martín del Yerro</i>
11.15 – 11.30	The ptotic breast - Correction without implants, mastopexy augmentation, preoperative planning and surgical technique <i>Giovanni Botti</i>
11.30 – 11.45	Secondary breast augmentation - Implant selection, site change alternatives, surgical techniques <i>Steven Teitelbaum</i>
11.45 – 12.00	Breast asymmetries – classification and treatment alternatives. Benefits of form stable implants <i>Marian Mackowski</i>
12.00 – 12.15	Discussion
12.15 – 13.10	Lunch
13.10 – 13.30	Managing Through Difficult Times. <i>David Endicott</i>
 Session 3: Alternatives to breast implants Chairman: Sydney Coleman	
13.30 – 13.50	Water Jet assisted liposuction harvesting of fat grafts for breast augmentation <i>Joachim von Finckenstein</i>
13.50 – 14.10	Breast augmentation with Hyaluronic Acid or Fat, comparison of advantages, disadvantages and risks <i>Per Hedén</i>
14.10 - 14.30	Fat transplantation to the female breast, safety, predictability and surgical technique <i>Sydney Coleman</i>
14.30 – 14.50	Fat transplantation technique and the place in reconstructive surgery <i>Phillip Blondeel</i>
14.50 – 15.10	Stem cells and fat transplantation, scientific status and future possibilities <i>Michael Schefflan</i>
15.10 – 15.25	Discussion
15.25 – 15.50	Coffee break

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Session 4: LIVE SURGERY DEMONSTRATION

Web based on line e-session

Breast augmentation, Preoperative Marking, Implant Selection and Surgical technique

Moderator in the auditorium: William Adams

Moderator in the operating rooms: Dennis Hammond

15.50 – 17.30

Anatomical form stable implants

Surgeon: *Per Hedén*

Round form stable implants

Surgeon: *Jan Jernbeck*

17.30 – 18.30

Teaching Courses - Parallel sessions T1-T5

Advance registration and limited number of participants for in depth interactive education

T1:

Round form stable breast implants - Advantages selection, preoperative markings and specific surgical technique. DVD teaching session

Patrick Mallucci

T2:

Implant based breast reconstructive surgery. Selection of implants. Pre-operative planning, One- VS Two-stage reconstruction. Direct reconstruction. Comparison with autologous tissue reconstructions. DVD presentations and lectures.

Phillip Blondeel and Michael Scheflan

T3:

Periareolar techniques in breast augmentation surgery. Lecture and DVD teaching session workshop.

Dennis Hammond

T4:

Complications in breast augmentation surgery and how to solve them.

Steven Teitelbaum

T5:

Marketing and managing your practice through a recessionary economy. 10 principles of profit that transcend all languages.

Stephen Mulholland

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Friday June 12th Free Papers

08.00 – 08.20

Polyurethane covered implants, Silimed Co
Daniel Flemming

08.20 – 08.40

The place of collagen injection for facial rejuvenation,
Evolance. Colbar Co
Said Hilton

08.40 – 09.00

Lipolite – laserassisted body contouring, Syneron Co
Michael Schefflan

Special Lecture: Aesthetic medicine

09.00 – 09.30

What are the trends and patients demands, and how to meet
these demands in a professional and effective way
Wendy Lewis

Non-and minimally invasive aesthetic procedures

Minimally invasive facial rejuvenation

Chairman: Stephen Mulholland

09.30 – 10.00

Non ablative skin rejuvenation and tightening, and the new
volumetric restoration era using facial fillers
Stephen Mulholland

10.00 – 10.30

Indications, patients' selection, treatment technique and
complications
Sydney Coleman

10.30 – 11.00

Coffee break

11.00 – 11.30

The full-face evaluation and treatment with Botulinum Toxine and
Fillers. Patient selection, planning and treatment techniques
Per Hedén

11:30 – 11.45

Bundling Treatments to Maximize Practice Revenue
Wendy Lewis

11.45 – 12.15

Discussion

12.15 – 13.15

Lunch

Session 3: The consultation process and imaging in aesthetic surgery

Chairman: Patrick Maxwell

13.15 – 13.35

Specific consideration in communication with the breast
augmentation patient
Constantin Stan

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13.35 – 13.55	The importance of photography, other documentation and office management programs <i>Per Hedén</i>
13.55 – 14.15	3D imaging in aesthetic breast surgery <i>Patrick Maxwell</i>
14.15 – 14.35	Body dysmorphic disorder and other patients to beware of <i>Ulf Samuelson</i>
14.35 – 15.00	Discussion
15.00 – 15.30	Coffee break
Special Lecture/ Workshop 15.30 – 17.00	The consultation process – what creates trust and confidence in a patient? The conversion process: From interest in a treatment to the decision. Scientifically proven techniques to use. <i>Gil Peretz</i>
17.00 – 18.00	Teaching Courses - Parallel sessions F1-F5 Advance registration and limited number of participants for in depth interactive education
F1:	Mastopexy Augmentation. Peroperative planning and surgical technique. Lecture and DVD teaching session. <i>Per Hedén</i>
F2:	Structural fat grafting comprehensive teaching course. <i>Sydney Coleman</i>
F3:	Modern techniques in blepharoplasty surgery. <i>Giovanni Botti</i>
F4:	Multiplane technique in augmentation of the ptotic breast. Limitations, patient selection and surgical technique. Lecture and DVD session. <i>Constantin Stan</i>
F5:	New Horizons in Energy Assisted Liposuction and Skin Contraction: (i) Laser Assisted Liposuction (LAL) and subdermal skin tightening for face and body (ii) RadioFrequency Assisted Liposuction and Skin contraction for laxity contouring <i>Steven Mulholland</i>
19.30	Conference Dinner and Dance Party

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Saturday June 13th

Session 1: Facelift surgery

Chairman: Patric Tonnard

08.30 – 09.15

Short scar facelifting and the MACS procedure – Long-term lessons and management of midface ptosis
Lecture and DVD demonstration session
Patric Tonnard

09.15 – 09.30

Deeper plane facelifts and the fat compartments of the face, their influence on aging and their relevance in facelifting and corrective procedures in facial rejuvenation surgery
Sam Hamra

09.30 – 10.15

Grand debate:
Why, when and who; Deep plane, extended SMAS, SMAS-ectomy or MACS suture fixation. What do we know and what do we believe?
Moderator: *Per Hedén*
Panellists: *Sam Hamra, Patric Tonnard, Giovanni Botti, Henry Delmar, Stephen Mulholland*

10.15 – 10.45

Coffee break

Session 2: The periorbital area

Moderator: Sam Hamra

10.45 – 11.00

Eyelid surgery. When and how to remove, transpose and add fat to the eyelid area.
Sam Hamra

11.00 – 11.15

Canthopexy procedures in aesthetic facial surgery
Giovanni Botti

11.15 – 11.30

Eyelid, midface or combination surgery to blend the lid- cheek junction
Patric Tonnard

11.30 – 11.45

When and how to select between upper eyelid surgery and brow/forehead lifting. Fixation with barbed sutures and Endotine
Henry Delmar

11.45 – 12.00

Discussion

12.00 – 12.10

Summary and adjournment
Per Hedén

12.10 – 13.00

Lunch

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Session 3: In depth Teaching Courses

13.00 – 14.00

Teaching Courses - Parallel sessions S1-S5

Advance registration and limited number of participants for in depth interactive education

S1: Pearls of dual plane breast augmentation – management of the tuberous breast asymmetry. Lecture and DVD presentations
William Adams

S2: The holistic approach to facial rejuvenation surgery. How to address the skin, forehead, eyelid and lower face.
Sam Hamra

S3: Adding value with Active Ingredients
Holly Grenfell and Margareta Frohm Nilsson

S4: Tuberous breast deformities. Classification and treatment techniques. Lecture and DVD session
José Luis Martín del Yerro

S5: Endoscopic plastic surgical procedures. DVD teaching session of breast augmentation and forehead lifting.
Henry Delmar

14.00 – 15.00

Teaching Courses - Parallel sessions S6-S9

Advance registration and limited number of participants for in depth interactive education

S6: Secondary breast augmentation surgery. Preoperative evaluation and implant selection, site change, new sub muscular pocket creation. DVD operative demonstration.
Patrick Maxwell

S7: Comprehensive description on how to perform short scar facelifts including patient selection and surgical technique
Patric Tonnard

S8: Macrolane in body contouring. Sub glandular breast, sub muscular breast and buttock enhancement techniques. Lecture and treatment DVD demonstration session.
Per Hedén

S9: Plastic surgery in the female and male genital area. Labial and vaginal plasty. The elongation phalloplasty – surgical technique with DVD demonstration.
Jan Jernbeck